



Moving Checklist

8 Weeks Before the Move

- Decide: Keep, Sell, Give Away, or Throw Away**
Don't move things you don't want to keep!
- Create a Binder**
Keep all your important documents in one place (this checklist, bids from movers, etc.)
- Research Companies to Help with Your Move**
Professional movers, cleaning services, rental trucks
- Create an Inventory of Valuable Items**
Use this list to make sure everything arrives at your new house. You may also want to take pictures of items that may get damaged to show their condition prior to the move.
- Organize School Records**
If you have kids attending new schools, arrange to have their records transferred

6 Weeks Before the Move

- Slow Down on Grocery Shopping**
Start eating and using up products you don't want to move i.e. frozen foods, paper goods, cleaning supplies
- Begin Gathering Moving Supplies**
Boxes, bubble wrap, tape

5 Weeks Before the Move

- Sell What You Can**
If you have a lot of stuff, garage sale! Otherwise, sell it online
- Throw Away Anything You Aren't Selling or Giving Away**
There may be a limit on what you can put on the curb each week, so you may need to space this out over a few weeks
- Donate Anything You Can't Sell**
Don't forget to get receipts for your donations for possible future tax write off!



4 Weeks Before the Move

Schedule Moving Company/Truck

During peak moving seasons (i.e. summer) it is important to book these early. Be sure to inform the moving company if you will be making additional stops (i.e. at a storage unit) or if you have large pieces of furniture that may require special care

Separate Valuables

Put them in a separate box that you will move yourself

Cancel Gym Membership

Many gyms/yoga studios require 30 days notice to cancel an autopay membership

Start Packing

Start with items you won't need in the next few weeks: wall decor, books, out of season clothing, etc.. Don't forget to label each box as you fill it with what's inside

Change Your Address

Post office, banks, credit card companies, doctor's offices, insurance provider, lawyers, magazine subscriptions, your children's school, your employer

3 Weeks Before the Move

Transfer Utilities

Contact providers to set up cancellation dates at your current address and activation dates at your new address

Say Your Goodbyes

If you are moving out of the state or town, plan a time to visit all your favorite spots and people

Confirm Travel Plans

If you are traveling overnight for your move, plan rest stops and hotels along the way

Arrange Child/Pet Care

For small children and pets it is one less thing to worry about on moving day

Forward Your Medical Records

Have your medical provider forward your records or give you copies of your records

Schedule Cleaners for Your Current Address

It is always best to leave your home clean for the next person.

2 Weeks Before the Move

Schedule the Day Off

If you aren't moving on a weekend

Confirm With Movers/Truck

Dispose of Hazardous Materials

Gasoline, propane, etc.



1 Week Before the Move

Set Aside What You Will Need Your First Night

Toothbrush, toothpaste, water bottle or cups, a comfy change of clothes, sheets, etc.. Label this box "pack last."

A Few Days Before the Move

Confirm time and payment method with movers

Don't forget to have money to tip the movers, usually 10-15%

Clearly Label and Number Boxes

Make a corresponding list for you to reference. It may also be useful to group which numbered boxes go in which rooms.

Confirm with baby or pet sitter

Set up pick up/drop off times

Day of the Move

Check Labels on Your Boxes

Make sure everything is labeled and the the numbers are easy to see.

Keep Track of Boxes While Loading

Use your corresponding list to make sure everything makes it into the truck

Locate Your "Pack Last" Box

Make sure this is packed last or you take it yourself so you have everything you need for your first night.

Post a Copy of the List at Your New House

If you have grouped the boxes by rooms, the movers will easily be able to see where they should put each box.

Final Walk Through of Your House

Are all the windows and exterior doors locked? Is the heat/AC turned off? Did you forget anything? Have you turned in all keys and garage door openers?